



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DIVE INTO GREATNESS

Summer Diving Club WHITE BEAR AREA YMCA

Diving Club builds upon skills mastered in beginning diving lessons, including the three-step approach and water entry, and introduces new diving elements of tucks, pikes and somersaults. Pre-requisites include previous HS dive team, dive club, gymnastics, or circus experience.

AGES

12YRS - 18YRS

PRACTICE

June 1st – July 30th
(no practice week of 7/4/16)

Monday/Wednesday/Saturday 3:30pm - 6:00pm*

*Dryland training 3:30-4:00pm

PRICE*

Members | \$180

Non-Members | \$300

*Drop-IN punch card available for 10 drop in practices

Members | \$90

Non-Members | \$150

Contact Annette Crews for more information 651.324.9556



White Bear Area YMCA

WHITE BEAR LAKE AREA SCHOOLS

YMCA AQUATIC CENTER

2100 Orchard Lane

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