

## PEER TUTORING

Tri I or Tri II or Tri III

Peer tutoring is a service learning and leadership opportunity designed to share one's academic strengths. This class will consist of tutoring time and training in skills such as creating positive relationships, communication, study skills, strategies for improving reading and writing, multiple intelligences and learning differences. This class will meet during 6<sup>th</sup> period. Some of this time will be used for tutoring and some for training. If this course does not fit into your schedule, you may serve as a peer tutor during your homeroom time, before school or after school. Students will be required to attend training sessions during their homeroom time. Instructors will assist tutors to create a schedule with their tutored students.

Learning Specialists, Mr. Joe Miley and Mrs. Pat Norusis teach this Pass/Fail course.

***Requires instructor's approval. Application forms are found in the Guidance Office.***

***Grades 11, 12***

## PEOPLE FINDING PEOPLE (PFP)

Year long

**Nominations for this class are held in the spring and students will register following the selection process.**

This peer mentoring class has been designed for students interested in mentoring other students. Mentors are selected after an interview process. PFP participants are required to attend a fall retreat that will introduce peer-listening/helping concepts and theories. The structure of the class will compliment the retreat and continue to provide skill-building opportunities. Students will focus on 19 essential peer-helping skills such as confidentiality, empathy, encouragement, identifying and validating feelings, and making referrals. We will also take the knowledge of those skills and practice them together in a variety of simulated situations. The second and third trimesters will be dedicated to turning the practice of these skills into daily peer listening/helping connections. The strength of this class will be found in its creativity and flexibility and the foundation it will provide for the PFP program. Guidance counselors, Michael Brewer and Jennifer Vinck teach this class.

***Students are required to attend and participate in a summer course and an overnight retreat in the fall.***

***Approximate cost: \$100.00. Limited financial assistance is available to students who cannot otherwise afford to attend the summer course.***

***Grade 12***

## THINKING, LEARNING, COMMUNICATING: "Top 20" Tools for Success

Tri I or Tri II or Tri III

(A one trimester elective course. Specific trimester selection is not guaranteed.)

This one-of-a-kind personal development course is designed to lead students through the three essential strategies for self-discovery: thinking, learning and communicating. The goal of this course is to raise the probability that students will be empowered to reach their potential and find more success in high school and beyond.

Some topics covered include:

- *Thinking* effectively: expanding your comfort zone; monitoring your own moods and attitudes; developing your emotional intelligence; awareness of other people's opinions.
- *Learning* strategies: listening; getting organized; goal-setting; eliminating distractions; developing study skills.
- *Communicating* well with others: non-verbal's; getting along with family, friends; conflict resolution; learning how to get help when necessary.

This unique elective course is designed for students of all ability levels; it has reached and touched the lives of over 3000 students in the past eighteen years. TLC also uses many outside presenters who specialize in personal development.

There may be optional adult/parent/guardian courses offered during the year in the evenings.

***Grades 9, 10***

**YEARBOOK****Year long**

This year long course will cover all aspects of planning and producing the yearbook: writing copy, headlines, and captions, proofreading, editing, graphic design and photography. Above average writing and word processing skills required. Several hours after school are required at each of the four deadlines. STRONG COMPUTER SKILLS are required.

*Requires instructor's approval. Application forms are found in the Guidance Office.*

*Grades 11, 12*