



# WHY THE BEST ARE THE BEST:

*An Inside Look into the DNA of a Champion*

## KEVIN EASTMAN

**NBA CHAMPIONSHIP COACH & WORLD-RENOWNED SPEAKER**

Kevin Eastman comes to Cretin-Derham Hall to share an inspiring outlook on: *Why the Best are the Best - An Inside Look into the DNA of a Champion.*

skill and leadership development. His message will challenge each of us, especially our student athletes, to understand the mindset and actions of a true champion.

**Flex the Mind  
Flex the Body  
Flex the Game**

*Special Guest Emcee:  
John Tauer'91 - UST  
Psychology Professor and  
Head Basketball Coach*

As an NBA championship coach and executive with the Boston Celtics and Los Angeles Clippers, Kevin is known for working with our nation's elite professional, college and high school players (as well as multiple Fortune 500 companies) in

**MONDAY,  
OCTOBER 30  
6:30 P.M.**

**Cretin-Derham Hall**

**Joe Mauer Field House**

*Students of all ages,  
parents and friends are  
encouraged to attend.*



**Cretin-Derham Hall**

550 S. Albert Street, St. Paul, MN 55116  
For more information, please call 651-696-3384.  
[www.c-dh.org/Athletics](http://www.c-dh.org/Athletics)